



3186 Village Drive, Suite 201

Fayetteville NC 28304 (910) 486-5700

Patient: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

#### **INSTRUCTIONS FOR UTERINE ARTERY EMBOLIZATION**

1. You must have a driver, and arrive 30 minutes prior to procedure.
2. Nothing to eat or drink 6 hours prior to procedure.
3. STOP Aspirin or Aspirin affiliated medication five (5) days before your appointment.
4. STOP all blood thinner medications \_\_\_\_ days before your appointment.
5. STOP metformin the day of your appointment, may resume following day.
6. Take all other medications as directed with a small sip of water.
7. Expect to be at your appointment at least 3-4 hours.
8. If given prescription for it, bring your valium and Percocet with you to your appointment but DO NOT TAKE until instructed to by the nurse.
9. Shower/Bathe before procedure due to not being able to do so for 24 hours.
10. Wear loose fitting, comfortable clothing.