

3186 Village Drive, Suite 201 Fayetteville, NC 28304 (910) 486-5700

INSTRUCTIONS FOR THOROCENTESIS

- 1. You need to arrive 15 minutes prior to appt.
- 2. May eat and drink as normal.
- 3. STOP Aspirin or Aspirin affiliated medication five (5) days before your appointment.
- 4. STOP all blood thinne r medications 5 days before your appointment. If it was prescribed for your heart, you will need to contact your PCP or cardiologist for instructions on when to stop and restart it.
- 5. Take all other medications as directed.
- 6. Expect to be at your appointment at least 1 hour.
- 7. Wear loose fitting, comfortable clothing.