



3186 Village Drive, Suite 201

Fayetteville NC 28304 (910) 486-5700

INSTRUCTIONS FOR SCLEROTHERAPY

1. You do not need a driver, and arrive 30 minutes prior to procedure.
2. May eat a light meal and drink as normal prior to procedure.
3. STOP Aspirin or Aspirin affiliated medication five (5) days before your appointment.
4. STOP all blood thinner medications 5 days before your appointment.
5. Take all other medications as directed.
6. Expect to be at your appointment at least 1 hour.
7. Shower/Bathe before procedure due to not being able to do so for 24 hours.
8. Wear loose fitting, comfortable clothing.
9. Bring you support stockings to appointment as they will be put on by staff after procedure. (Do not wear lotion or moisturizer on your legs).