

3186 Village Drive, Suite 201

Fayetteville NC 28304 (910) 486-5700

INSTRUCTIONS FOR PORT-A-CATH PLACEMENT

- 1. You must have a driver, and arrive 30 minutes prior to procedure.
- 2. Nothing to eat or drink 6 hours prior to procedure.
- 3. STOP Aspirin or Aspirin affiliated medication five (5) days before your appointment.
- 4. STOP all blood thinner medications _____days before your appointment, along with our office getting cardiac clearance to stop it.
- 5. Take all other medications as directed with a small sip of water.
- 6. You must have your blood work done at least two days prior to procedure.
- 7. Expect to be at your appointment at least 2-3 hours.
- 8. Shower/Bathe before procedure due to not being able to do so for 24 hours.
- 9. Wear loose fitting, comfortable clothing.