



3186 Village Drive, Suite 201

Fayetteville NC 28304 (910) 486-5700

### DISCHARGE INSTRUCTIONS FOR PORT PLACEMENT

#### POST SEDATION GUIDELINES:

1. You have been given medication which may make you feel sleepy
2. **DO NOT** drive a motor vehicle or operate dangerous equipment for 24 hours
3. **DO NOT** drink alcoholic beverages for 24 hours.
4. Avoid making important decisions for 14 hours.

#### POST PROCEDURE INSTRUCTIONS:

1. Remove outer tape in 2 days. Leave steri-strips in place and allow them to fall off naturally. If they have not fallen off by two weeks, gently remove them.
2. You may shower in 4-5 days. Until then, sponge baths. No tub baths or swimming for 2 week.
3. Resume previous diet and medications.
4. Activity: limit movement of arm closest to port or arm with port for 24 hours.
5. Notify doctor's office immediately if you are experiencing any of the following:
  - a. Swelling, redness, drainage, pain, fever of opening at incision sight.
  - b. Difficulty accessing or using the port

#### ADDITIONAL INSTRUCTIONS:

RN Signature \_\_\_\_\_ DATE \_\_\_\_\_

I acknowledge the above discharge instructions as they have been explained to me, I understand them and I also understand it is my responsibility to contact my doctor for any problems, concerns, or questions.

Patient/POA Signature \_\_\_\_\_ DATE: \_\_\_\_\_