



3186 Village Drive Fayetteville, NC 28304 (910) 486-5700

INSTRUCTIONS FOR PARACENTESIS

1. You need to arrive 15 minutes prior to appt.
2. May eat and drink as normal.
3. STOP Aspirin or Aspirin affiliated medication five (5) days before your appointment.
4. STOP all blood thinner medications 5 days before your appointment. If it was prescribed for your heart, you will need to contact your PCP or cardiologist for instructions on when to stop and restart it.
5. Take all other medications as directed with a small sip of water.
6. Expect to be at your appointment at least 1 hour.
7. Wear loose fitting, comfortable clothing.
8. Make sure to update your labs monthly: PT; PTT; INR CBC.