



3186 Village Drive, Suite 201

Fayetteville NC 28304 (910) 486-5700

### DISCHARGE INSTRUCTIONS FOR LIVER BIOPSY

#### POST SEDATION GUIDELINES:

1. You have been given medication which may make you feel sleepy
2. **DO NOT** drive a motor vehicle or operate dangerous equipment for 24 hours
3. **DO NOT** drink alcoholic beverages for 24 hours.
4. Avoid making important decisions for 14 hours.

#### POST PROCEDURE INSTRUCTIONS:

1. Remove Band-Aid in 48 HOURS
2. You may shower in 48 HOURS. No tub baths or swimming for 1 week.
3. Resume previous diet and medications.
4. Activity: limit movement 6 hours AFTER going home. No lifting more than 10 pounds or intense physical activity for one week after procedure.
5. Notify doctor's office immediately if you are experiencing any of the following:
  - a. Swelling, redness, drainage, pain, fever.
  - b. Uncontrolled pain.
  - c. It is common for pain for a few hours after procedure to radiate up to right shoulder. If this is a new pain and continues past 24 hours, please call office for instructions.

#### ADDITIONAL INSTRUCTIONS:

RN Signature \_\_\_\_\_ DATE \_\_\_\_\_

I acknowledge the above discharge instructions as they have been explained to me, I understand them and I also understand it is my responsibility to contact my doctor for any problems, concerns, or questions.

Patient/POA Signature \_\_\_\_\_ DATE: \_\_\_\_\_

