

Patient: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

### **Instructions for Joint Injection Procedure**

1. You MUST have a driver.
  2. You may eat and drink as normal.
  3. STOP Aspirin or Aspirin affiliated medications five (5) days before your appointment which will be \_\_\_\_\_.
  4. STOP all Blood Thinner medications five (5) days before your appointment which will be \_\_\_\_\_ unless the medication is for cardiac related reasons then you would need to consult with your Primary Care Physician or Cardiologist before stopping the Blood Thinners.
  5. Take all other medications as directed with a small sip of water.
- Expect to be at your appointment at 30 minute to 1 hour.