



Patient: \_\_\_\_\_

Appointment Date: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

Location of Procedure: \_\_\_\_\_

### **Instructions for Venogram Procedure**

1. You MUST have a driver.
2. You may eat a light meal and drink as normal.
3. STOP Aspirin or Aspirin affiliated medications five (5) days before your appointment which will be \_\_\_\_\_.
4. STOP all Blood Thinner medications three to five (3-5) days before your appointment which will be \_\_\_\_\_.
5. Take all other medications as directed with a small sip of water.
6. Expect to be at your appointment at least 1-2 hours.
7. Bring your Valium with you to your appointment but DO NOT take until instructed to.
8. Bring your Compression Stockings with you to your appointment.
9. Shower/Bathe before procedure due to not being able to do so for 24 hours.
10. DO NOT wear lotion or moisturizer.
11. Wear loose fitting, comfortable clothing.

3186 Village Drive, Suite 201  
Fayetteville, NC 28304  
Office: (910) 486-5700 Fax: (910) 486-5950