



3186 Village Drive

Fayetteville NC 28304 (910)486)5700

INSTRUCTIONS FOR EVLT/MOCA (CLARIVEIN)

1. You must have a driver, and arrive 30 minutes prior to procedure.
2. May eat a light meal and drink as normal prior to procedure.
3. STOP Aspirin or Aspirin affiliated medication five (5) days before your appointment.
4. STOP all blood thinner medications 5 days before your appointment.
5. Take all other medications as directed with a small sip of water.
6. Expect to be at your appointment at least 1-2 hours.
7. Bring your valium with you to your appointment but DO NOT TAKE until instructed to by the nurse.
8. Shower/Bathe before procedure due to not being able to do so for 24 hours.
9. Wear loose fitting, comfortable clothing.
10. Bring you support stockings to appointment as they will be put on by staff after procedure. (Do not wear lotion or moisturizer on your legs).